HEALDSBURG JUNIOR HIGH
ATHLETICS
PARENT / PLAYER MEETING AGENDA

MEETING FOCUS We will discuss the schedule, student-athlete expectations, grades, injury protocol, transportation (including parent/guardian driver volunteers), and other related topics.

1	**Schedule & Team Communication:** Practices and games; arrival and pickup times; schedule changes/cancellations; how coaches/AD will communicate updates.
2	**Student-Athlete Expectations:** Sportsmanship, respect, responsibility, coach/team expectations, social media conduct, and being a positive representative of HJH. Students must attend a full school day to participate that day (unless cleared by administration/AD).
3	**Grades & Academic Eligibility:** Student-athletes must maintain at least a 2.0 GPA. Academic eligibility is checked at the end of each six-week grading period.
4	**Injury & Safety Protocol:** Report injuries and symptoms promptly. A suspected concussion means immediate removal for the rest of the day; return requires evaluation and written medical clearance. Emergency contacts and relevant medical information should be current.
5	**Transportation & Volunteer Drivers:** Away-game transportation plan, pickup/drop-off expectations, parent/guardian driver volunteers, and required permission for a student to ride in a vehicle driven by another adult.
6	**Equipment:** Expectations for team uniforms/equipment.
7	**Questions, Volunteers & Next Steps:** Confirm schedule details, transportation volunteers, outstanding forms, team-specific expectations, and the best contact path for questions.

Commitment • Respect • Teamwork • Pride • Sportsmanship

HJH/HHS Athletic Policy and Expectations

Participating in high school sports is a privilege, not a right. Coaches reserve the right to dismiss athletes based on any attitude, behavior, sportsmanship, or athletic performance that the coach deems detrimental to the team. In sports with limited rosters, coaches select their rosters based on a fair evaluation of behavior and athletic performance. Coaches' decisions are final.

Expectations:

Academics: you are first and foremost a student

Respect: behave with respect towards others, the coaching staff, teammates, officials, and opponents.

Commitment: Be a team player and show commitment to your team and your teammates

Self-discipline: arrive on time, control your emotions

Team Unity - Do not exclude others

Enthusiasm - Encourage others

Consistency - Don't make excuses

Personal Responsibility - Acknowledge and correct mistakes

Leadership - Be an example for other student athletes

Communication - Honest communication with your coaches and teammates

Academic Eligibility and Physical Sports Agreement

I am aware that my son will be participating in the School Athletic Program at Healdsburg High School.

I understand that my son will not participate in any sports until they are presented all required forms, including the doctor's authorization. Also, I acknowledge that student athletes must maintain a minimum GPA of 2.0 to remain eligible to compete. For the purpose of determining the academic eligibility, the Athletic Director will verify my child's GPA at the end of each six-week qualification period prior to the Dates of Designated Determination. Student-athletes who are determined not to be academically eligible students will be notified by the athletic director and/or their designated.

I hereby give my consent for the aforementioned student I previously competed in sports. I authorize my son to attend trips and sports activities supervised by school staff. In case my child becomes ill or injured, I authorize school staff to seek treatment. I authorize medical agencies to provide treatment.

Elegibilidad Académica y Acuerdo Físico Deportivo

Soy consciente de que mi hijo participará en el Programa Atlético de la Escuela Secundaria de Healdsburg.

Entiendo que mi hijo no participará en ningún deporte hasta que se presenten. todos los formularios requeridos, incluida la autorización del médico. También reconozco que los estudiantes atletas deben mantener un GPA mínimo de 2.0 para seguir siendo elegibles para competir. Con el propósito de determinar la elegibilidad académica, el Director Atlético verificará el GPA de mi hijo al final de
cada período de calificación de seis semanas antes de las fechas de Determination designations. Los estudiantes-atletas que dé el determinate que no son académicamente elegibles serán notificados por el Director Atlético y/o su designación.

Por la presente doy mi consentimiento para que el estudiante mencionado anteriormente compita en deportes. Autorizo a mi hijo a asistir a viajes deportivos supervisados por el personal de la escuela. En caso de que mi hijo se enferme o se lastime, autorizo al personal de la escuela a buscar tratamiento médico y autoriza a las agencias médicas a brindar tratamiento.

Statement of Consent

I hereby give my consent for my athlete to compete in athletics. I authorize the student to go with and be supervised by a representative of the school on any trips. In case this student becomes ill or is injured, you are authorized to have the student treated and I authorized the medical agency to render treatment. I consent to any x-ray examination, anesthetic, medical, or surgical diagnosis or treatment and hospital care which is deemed advisable by, and is to be rendered under, the general or special supervision of any physician and surgeon licensed under the provisions of the Medical Practice Act on the medical staff of any accredited hospital, whether such diagnosis or treatment is rendered at the office of said physician or said hospital it is understood that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required, but is given to provide authority and power on the part of the school representative to give specific consent to any and all such diagnosis, treatment or hospital care which the aforementioned physician in the exercise of his/her best judgment may deem advisable. This authorization shall remain effective until the end of the school year unless sooner revoked in writing and delivered to the school.

Parent Permission for Student Passenger in Vehicle Driven by Another Adult

Parent permission is required for students being transported in an auto driven by a staff member, parent or an approved adult volunteer driver.

My athlete has my permission to ride as a passenger to and from Healdsburg High School to (location) Athletic Competition – see schedule on date(s) see sport schedule in vehicle driven by an approved adult volunteer driver *** for the purpose of participating in his/her HHS Athletic Competition.

I fully understand that my athlete is to abide by all applicable District policies and regulations during the trip and designated event. in accordance with BP 6153. I have instructed my student to wear a safety belt during the trip.

I grant permission for my son/daughter to be a passenger in the school's certified vehicle. In granting permission, I understand that I waive all claims and hold the Healdsburg Unified School District, its officers, agents, and employees, and the State of California harmless from any and all liability or claims which may arise out of or in connection with my son / daughter's participation in this activity.

The above named student has my permission to ride as a passenger from Healdsburg Junior High to other school sites for after-school athletic events for the school year August 15, 2026 through June 5, 2027 in a vehicle driven by a district approved volunteer for Healdsburg Junior High School. I fully understand that my child/student is to abide by all applicable district policies and regulations during each trip and designated event. I have instructed my child/student that he/she is required to wear a safety seat belt during each trip. I grant permission for my son/daughter to be a passenger in any HJH approved and verified driver's vehicle as outlined on this form. In granting permission, I understand that I waive all claims and hold the Healdsburg Unified School District, its officers, agents and employees, and the State of California harmless from any and all liability or claims which may arise out of or in connection with my son's/daughter's participation in this activity.

El estudiante mencionado anteriormente tiene mi permiso para viajar como pasajero desde Healdsburg Junior High a otros sitios escolares para eventos deportivos después de la escuela durante el año escolar del 15 de agosto de 2026 al 6 de junio de 2027 en un vehículo conducido por un voluntario aprobado por el distrito para Healdsburg. Escuela secundaria. Entiendo completamente que mi hijo / estudiante debe cumplir con todas las políticas y regulaciones aplicables del distrito durante cada viaje y evento designado. Le he dicho a mi niño / estudiante que debe usar un cinturón de seguridad durante cada viaje. Doy permiso para que mi hijo / a sea un pasajero en cualquier vehículo del conductor aprobado y verificado por HJH como se describe en este formulario. Al otorgar el permiso, entiendo que renuncio a todos los reclamos y eximo al Distrito Escolar Unificado de Healdsburg, sus funcionarios, agentes y empleados, y al Estado de California, de cualquier responsabilidad o reclamo que pueda surgir de o en conexión con el / participación de la hija en esta actividad

Loan of Team Equipment and Uniforms

School equipment and team uniforms on loan to athletes need to be returned at the end of the season. In the event equipment or team apparel is not returned, the school may withhold grades, transcripts, or diplomas until the items are returned or the replacement cost is paid to the student store.

Préstamo de equipo y uniformes

El equipo escolar y los uniformes de equipo prestados a los atletas deben devolverse al final de la temporada. En caso de que no se devuelva el equipo o la vestimenta del equipo, la escuela puede retener las calificaciones, los expedientes académicos o los diplomas hasta que se devuelvan los artículos o se pague el costo de reemplazo a la tienda del estudiante.

NEED ACADEMIC SUPPORT?

COME TO POWER HOUR!

Students can get help with homework, build skills, improve organization, and receive one-on-one or small-group support. Whether you're catching up or getting ahead, Power Hour is here to help you succeed!

LEAD BY HJH TEACHERS

Location: HJH Library

When: Afterschool

Mondays 3:10-4:10pm

Wednesdays: 2:32-3:32pm